

## Critical review

# Filamentous bulking sludge—a critical review

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## Abstract

This paper reviews the long-standing bulking sludge problem in activated sludge systems. Despite the extensive amount of research that has been done on bulking sludge, it still occurs world-wide and a comprehensive solution does not seem to be available. Bulking sludge can be approached as a microbiological problem (occurrence of a specific filamentous bacterium) or as an engineering problem (growth of bacteria with a filamentous morphology). In the first case species-specific solutions should be found, whereas in the latter case, a generic approach might be available. Since bulking sludge is caused by a group of bacteria with a specific morphology, but not a specific physiology we believe that a generic approach would be feasible. Several theories for bulking sludge are discussed. Based on these theories the application and associated problems with the use of biological selectors are critically evaluated. Finally, a set of open research questions is identified.

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**Keywords:** Filamentous bulking sludge; General theories; Morphology; Physiology; Substrate kinetics and storage; Selector design guidelines

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## 1. Introduction

The activated sludge process is the most commonly used technology for biological wastewater treatment. It consists of two stages, a biochemical stage (aeration tank) and a physical stage (secondary clarifier). In the aeration tank, organic carbon, ammonium and phosphate are removed from the wastewater by the activated sludge. The diversity of the biological community is very large, containing many species of viruses, bacteria, protozoa, fungi, metazoa and algae. In this complex ecosystem bacteria, which are usually about 95% of the total microbial population [1], play a key role. Hence, bacteria kept in the activated sludge process under the correct environmental conditions efficiently remove the organic material and nutrients from wastewater. A good separation (settling) and compaction (thickening) of activated sludge in the secondary clarifier is a necessary condition to guarantee a good effluent quality from the activated sludge process.

Bulking sludge, a term used to describe the excessive growth of filamentous bacteria, is a common problem in activated sludge process (e.g., [2,3]). The term bulking sludge often also is used for non-filamentous poor settling, but in this study it refers only to filamentous

sludge. The volume fraction of extended filamentous bacteria in the activated sludge culture that causes settling problems could be minor. According to Palm et al. [4] and Kappeler and Gujer [5] volume fractions of 1–20% are sufficient to cause bulking sludge. Kaewpipat and Grady [6] even suggest that the number of filamentous bacteria in bulking sludge can be too low to detect by denaturing gradient gel electrophoresis (DGGE). This would indicate that the filamentous bacteria regularly do not represent the dominant metabolic bacterial group in the treatment plant, but still cause bulking sludge.

Despite much research bulking sludge seems to be a continuous problem in operating wastewater treatment plants. This is likely caused by several facts. Many filamentous bacteria are not available in pure cultures, preventing a detailed study of these organisms. The condition of the plant operation under which bulking sludge occurs is usually only marginally documented.

One reason for not finding a good general solution to bulking sludge might be the absence of a consensus on the exact level at which the problem should be approached. The dominant approach found in the literature is by trying to identify the specific filamentous bacterium in a bulking sludge [7–11]. By studying and

understanding the ecophysiology of the filamentous bacterium (either in pure culture or by applying in situ techniques, such as microautoradiography), it is hoped that a solution to avoid the occurrence of the specific filament can be found. Another approach is the recognition that the general characteristic is the cell morphology. Realising how the morphology affects the ecology of the bacteria could lead to a general solution independent of the species involved [12,13]. In this approach, the occurrence of a specific filamentous bacterium is a second-order problem.

In this review the present state of bulking sludge research is evaluated. The proposed theories are critically evaluated. The design (and pitfalls herein) of different selectors is discussed based on a generalised view of bulking sludge. Finally, specific research themes to find solutions to bulking sludge problem are identified.

## 2. Historical aspects

It is not our intention to fully describe the history and developments of activated sludge systems. For this the readers are invited to read the excellent reviews provided, for instance, by Allemann and Prakasam [14], Albertson [15], Wanner [16], Orhon and Artan [17] and Casey et al. [18]. We will just stress some of the most important historical facts that contributed to the understanding of the bulking sludge problem.

The activated sludge process was developed in the early 1900s in England [19]. Initially, fill-and-draw systems were brought into operation but they were quickly converted into continuous-flow systems. Despite more frequent occurrence of settling problems, continuous-flow systems became popular and spread worldwide. Donaldson [2] suspected that back-mixing in plug-flow aeration basins, which changes the hydraulic behaviour and the substrate regime to a completely mixed mode, was an important factor promoting to the development of bulking sludge. As a corrective measure he suggested that the aeration basin should be compartmentalised (i.e. plug-flow reactor) to promote the development of well settling sludge. Nevertheless, continuously fed completely mixed activated sludge systems remained the preferred design. The discussion on the effect of feeding pattern on the sludge settleability was reopened in the 1970s. Several studies showed the advantage of using compartmentalised tanks with plug-flow pattern (i.e. high food-to-microorganism ratio—F/M environments) over continuously fed completely mixed systems [13,20–26], confirming the early recommendations of Donaldson [2].

Pasveer [27] studied the use of fill-and-draw technology, from which he developed the oxidation ditch system. This reopened the discussion on the advantages

of utilising these systems in the treatment of municipal wastewater. The fill-and-draw oxidation ditch became quite popular in Europe for a few years, but once more, almost all the systems were soon converted to continuous-flow oxidation ditches by the addition of a secondary settler and solids recycle. Pasveer during the 1960s showed that intermittently fed full-scale oxidation ditches produce sludge with better settleability than continuously fed completely mixed systems [28]. In the late 1960s and during the 1970s Irvine and his co-workers renamed the periodic operated processes as sequencing batch reactor (SBR) [29] and were largely responsible for the world-wide dissemination of this technology [30–33].

In the 1970s Chudoba et al. [12] developed the selector reactor, which became the most widespread engineering tool to control bulking sludge. Although the use of selectors has been successful and has reduced bulking problems in many activated sludge systems, there were regular reports of their failure [25,34–43].

## 3. Relationship between morphology and ecophysiology

One of the most intriguing and complex questions on bulking sludge is whether morphology, physiology and substrate kinetics are related and how do they contribute to the dominance of filamentous bacteria in activated sludge. Is there a general mechanism that could explain the growth of filamentous bacteria or does each filamentous microorganism need to be identified and physiologically, morphologically, kinetically and taxonomically described in order to develop strategies for bulking sludge control? For decades scientists, engineers and microbiologists failed to find a definitive answer to these questions. Some relationships can be inferred and they will be briefly discussed here.

### 3.1. Microbiological approach

The lack of success in finding a general solution to bulking sludge control led many researchers to look to the microbial population and search for the predominant filamentous bacteria responsible for bulking. Identification keys were developed [7–11] to identify morphotype filamentous bacteria. Although with several limitations these identification methods produced a systematic tool that allowed a relative confidence in the identification of filaments. The next step was finding relationships between the most predominant filaments and their physiology and the operational conditions (e.g., dissolved oxygen concentration—DO, F/M, etc.) in order to define (specific) strategies for its control [1,11,44] (Table 1).

Table 1  
Proposed groups of model morphotype filamentous microorganisms [1,45]

| Microorganisms   | Features  | Control  |
|--|---|--|
| <i>Group I: Low DO aerobic zone growers</i>                    |   |  |
| <i>S. natans</i> <sup>a</sup> , type 1701, <i>H. hydrossis</i> | Use readily biodegradable substrates; grow well at low DO concentrations; grow over wide range of SRTs.   | Aerobic, anoxic or anaerobic plug-flow selectors; and increase SRT; increase DO concentration in the aeration basin ( $> 1.5 \text{ mg O}_2 \text{ L}^{-1}$ ).   |
| <i>Group II: Mixotrophic aerobic zone growers</i>              |   |  |
| <i>Thiothrix</i> sp. <sup>b</sup> Type 021N <sup>b</sup>       | Use readily biodegradable substrates, especially low molecular weight organic acids; present at moderate to high SRT; capable of sulphide oxidising to stored sulphur granules; and rapid nutrients uptake rates under nutrient deficiency. | Aerobic, anoxic or anaerobic plug flow selectors; nutrient addition; eliminate sulphide and/or high organic acid concentrations (eliminate septic conditions).   |
| <i>Group III: Other aerobic zone growers</i>                   |   |  |
| Type 1851, <i>N. limicola</i> spp.                             | Use readily biodegradable substrates; present at moderate to high SRTs.   | Aerobic, anoxic or anaerobic plug-flow selectors; reduce SRT.  |
| <i>Group IV: Aerobic, anoxic, anaerobic zone growers</i>       |   |  |
| <i>M. parvicella</i> , types 0092, type 0041/0675              | Abundant in anaerobic–anoxic–aerobic systems; present at high SRTs; and possible growth on hydrolysis of particulate substrates.  | Still uncertainty but the most recommended solutions are: install a skimmer to remove particulate substrate; maintain a plug-flow regime in all the system; the several stages (anaerobic/anoxic/aerobic) should be well defined; maintain a relatively high oxygen concentration in the aerobic phase ( $1.5 \text{ mg O}_2 \text{ L}^{-1}$ ) and a low ammonium concentration ( $< 1 \text{ mg N L}^{-1}$ ) <sup>c</sup> . |

<sup>a</sup> Also abundant (identified by specific gene probe SNA23a) in fully well-aerated systems under low soluble organic substrate (acetate) concentration [46].

<sup>b</sup> Also abundant (identified by specific gene probes TNI and 21N) in badly aerated systems ( $\text{SO}_2 < 0.5 \text{ mg O}_2 \text{ L}^{-1}$ ) where a high load of soluble organic substrate (acetate) concentration was instantaneously applied [47].

<sup>c</sup> STOWA [48] and Kruit et al. [49].

Table 2  
World-wide surveys of filamentous microorganisms in activated sludge systems

| Region/country                               | Main filamentous microorganisms   | Reference                                      |
|--|---|--|
| <i>Africa</i>                                |   |  |
| South Africa                                 | <i>M. parvicella</i> and Types 1851, 0041/0675 and 0914                                     | Blackbeard et al. [50,51]                      |
| <i>Asia</i>                                  |   |  |
| Japan  | Type 021N, NALO, <i>S. natans</i> , Type 0041/0675, and <i>Thiothrix</i> sp.                | Mino [52]                                      |
| Thailand                                     | Types 021N, 1701, 0092, 0041/0675, and NALO   | Mino [53]                                      |
| <i>Europe</i>                                |   |  |
| Czech republic                               | <i>M. parvicella</i> and Type 0092  | Krhutková et al. [3]                           |
| Denmark                                      | <i>M. parvicella</i> , and Types 0041/0675, 021N, 0092, 0914, and 1851                      | Kristensen et al. [54]                         |
| Denmark, Germany, Greece and The Netherlands | <i>M. parvicella</i> , Type 0041/0675, <i>N. limicola</i> , and Types 0092, 0803, and 0914. | Eikelboom et al. [55]                          |
| France                                       | <i>M. parvicella</i> , Types 0041/0675, 0092, and <i>N. limicola</i>                        | Pujol and Canler [56]                          |
| Germany                                      | <i>M. parvicella</i> and Types 1701, 0041/0675, and 0092                                    | Kunst and Reins [57]                           |
| Italy  | <i>M. parvicella</i> , NALO, Types 0092, and 0041/0675                                      | Rossetti et al. [58] and Madoni et al. [59]    |
| The Netherlands                              | <i>M. parvicella</i> , Type 021N, <i>H. hydrossis</i> , and Types 0092, 1701, and 0041/0675 | Eikelboom [8,60] and Kruit et al. [61]         |
| United Kingdom                               | <i>M. parvicella</i> , Type 021N, <i>N. limicola</i> , and NALO                             | Foot [62] and Lavender et al. [63]             |
| <i>North America</i>                         |   |  |
| USA  | Types 1701, 021N, 0092, 0041/0675, NALO, and <i>M. parvicella</i>                           | Strom and Jenkins [44] Switzenbaum et al. [64] |
| <i>Oceania</i>                               |   |  |
| Australia                                    | <i>M. parvicella</i> and Types 0041/0675, 0092, and <i>H. hydrossis</i>                     | Seviour et al. [65]                            |
| <i>South America</i>                         |   |  |
| Argentina                                    | Type 1701, <i>S. natans</i> , NALO, <i>M. parvicella</i> , and Type 0041/0675               | Di Marzio [66]                                 |

Several surveys have been performed to establish the occurrence of filamentous microorganisms in wastewater treatment plants from different countries (Table 2)

In all the surveys filamentous bacteria were identified by morpho-based methods, which could have led to misleading or incorrect results. In addition, the quantification was based on the subjective qualitative scoring method [1,9,11]. Therefore, these data should be interpreted with caution.

Although the distribution of filamentous microorganisms varies considerably between different geographical areas and seasonally, it can be concluded that *Microthrix parvicella* and Types 0092 and 0041/0675 are apparently the major morphotype filaments, mainly responsible for the bulking events observed in biological nutrient removal (BNR) activated sludge systems. These surveys also showed that the bulking sludge episodes, supposedly due to the abundance of *M. parvicella*, were more frequent in winter and spring than in summer and autumn (e.g., [49,54,55]). It was also confirmed that the morphotypes Type 021N, Type 0961, *Sphaerotilus natans* and *Thiothrix* sp. are controlled by anaerobic and anoxic stages [67–69], as typical in bio-P and denitrifying systems. These conditions seem, however, to be inefficient for the dominant filamentous microorganisms found in BNR systems. Curiously, the morphotype filamentous bacteria found in BNR systems are usually Gram positive, which implies that their likely hydrophobic cell surface could easily adsorb compounds with a low solubility [55]. It is, however, unclear whether low-loaded systems also enrich for Gram-positive floc-forming bacteria.

During the 1990s molecular methods based on DNA and RNA analyses were introduced to biological wastewater treatment (e.g., [70,71]). These methods allow a correct identification of the filamentous bacteria population. Therefore, it is advisable to apply specific gene probes, whenever they exist, in future surveys. Their use together with filamentous bacteria characterisation and definition of the right control and operational conditions (e.g., selector reactor) are considered major challenges to control bulking sludge in the coming decade.

### 3.2. Morphological–ecological approach

Filamentous bacteria grow preferentially in one or two directions. This morphological feature apparently gives competitive advantages to filamentous organisms under substrate limiting concentrations (e.g., diffusional-resistant environments). It is foreseen that these organisms have a higher outward growth velocity and win the competition because they gain easy access to bulk liquid substrate [46]. This is in line with some studies that also connect the excessive growth of filamentous microorganisms with substrate diffusional

resistance inside biological flocs [72–74]. In these views, the morphology as such gives the organisms an ecological advantage. It would also imply that under non-bulking process conditions filamentous bacteria can still be present inside the floc. If substrate limitation occurs they will then quickly grow out of the floc. The almost ubiquitous presence of filaments in activated sludge even led to suggestions that actually filamentous organisms form the backbone of activated sludge flocs [74–76]. This type of filamentous skeleton structures would promote the attachment of other cells by their extracellular polymeric substances (EPS) [77].

In general, floc morphology is still not well studied. With the advance of microscopic techniques such as transmission electron microscopy (e.g., [78]) and confocal laser scanning microscopy (CLSM), and molecular tools like fluorescent in situ hybridisation (FISH) technology is available to study floc morphology in detail [79]. These studies would greatly help in defining floc architecture and the role of filamentous bacteria therein.

## 4. Filamentous bacteria identification and characterisation

The basis for understanding and characterising bulking sludge is generally thought to depend on a proper identification of the filamentous bacteria involved (see Section 3). This is briefly discussed below.

### 4.1. Microscopic characterisation versus molecular methods

Many types of bacteria are still not identified and taxonomically not recognised. Therefore, these bacteria are not documented in the standard microbiological identification manuals like Bergey's manual of systematic bacteriology [80]. Eikelboom [7,8] developed the first identification key to identify filamentous bacteria in activated sludge systems. This identification is mainly based on morphological characteristics and on the response of the filamentous bacteria to a few microscopic staining tests. The procedures, techniques and identification keys were compiled in a microscopic sludge investigation manual [9,10] that, together with a slightly different manual by Jenkins et al. [1,11], have been used as world-wide references on filamentous bacteria identification. Although very useful this type of identification has its limitations. For instance, many filamentous bacteria (e.g., the morphotypes *S. natans*, 1701, 0092 and 0961) can change morphology in response to changes in environmental conditions [81–83] and although some of them can look morphologically the same, they probably vary considerably in their

physiology and taxonomy (e.g., [84,85]). For instance, the filamentous bacterial morphotype '*Nostocoida limicola*' has several phylogenetically different bacteria, belonging to the following groups: low mol% G+C Gram-positive bacteria [86–88], high mol% G+C Gram-positive bacteria [87–89]), *Planctomycetes* [87,88,90], green non-sulphur bacteria [91] and alpha-subclass of *Proteobacteria* [92]. Similar conditions occur for the filamentous morphotype Eikelboom type 1863 [83]. A new genus, *Alisphaera*, has been recently proposed for the '*N. limicola*' belonging to alpha-subclass of *Proteobacteria* [92]. Because this genus contains large and robust filamentous bacteria which were found to be dominant in many industrial activated sludge systems [93], further studies about their characteristics are relevant to define (specific) strategies to control bulking.

Microscopic identification of filamentous bacteria based on morphology requires a well-trained person, otherwise a wrong judgement can easily be made. Furthermore, about 40 new morphotypes of filamentous bacteria were recently identified in a survey study in industrial activated sludge systems [93], making the identification of filamentous bacteria more complex. Misleading and difficult identification by traditional microscopic techniques directs research towards molecular methods. Molecular methods based on analysing DNA or RNA of the bacteria have developed rapidly. For activated sludge two methods are presently commonly used. In order to characterise the complexity of a microbial community, the 16S rRNA of the bacteria can be used. In a DGGE [94] the 16S rRNA, unique for each organism, can be separated. Each rRNA molecule can then be sequenced, after which the taxonomy of the organisms can be determined, even if no pure culture is available. With DGGE changes in the microbial population can easily be followed, without the anomalies associated to traditional plating techniques. Based on a known 16S rRNA sequence, probes that react with a specific sequence can be designed. These can be used to stain specific bacteria. In this way it is possible to uniquely identify bacteria with the FISH method (e.g., [71,95]). Although being relatively quick, DGGE has some limitations and can often not be used. A full rRNA cycle is then preferred. It combines two different rRNA-based techniques: direct rRNA retrieval followed by in situ hybridisation with oligonucleotide probes based on the retrieved sequences. The full rRNA cycle is considered to be the best approach to characterize the community structure of activated sludge [70,204]. A huge research effort, however, has to be undertaken in the development of more specific gene probes since from a total universe of about 80 different morphotypes of filamentous microorganisms, only less than 20 species can be currently identified with specific gene probes by FISH (Table 3).

Automated molecular methods like microarray/DNA chips and flow cytometry in combination with automated image analysis in epifluorescence microscopy or CLSM are currently being developed and will hopefully become available for routine use in the coming years (e.g., [84,105]).

#### 4.2. Physiology of filamentous bacteria

Unfortunately, most of the filamentous organisms are still very poorly characterised, mainly due to the problems of cultivation and maintenance of cultures. Recent developments in combining microautoradiography with FISH [106–108] are a promise for elucidating the exact physiology of filamentous bacteria. In general, there is no obvious relation between filamentous morphology and physiology of the bacteria.

A general problem we faced is that the old physiological data are described for morphotype filamentous bacteria, which are likely to be phylogenetically unrelated bacteria (e.g., '*N. limicola*' in [86–89,91,92] with deep physiological differences, and, consequently, old physiological data (e.g., the morphotype '*N. limicola*' in [109]) might or might not be correct. Therefore, the old physiological data should be interpreted with caution and future bacterial physiological studies should unequivocally show the taxonomy of the studied organisms.

The few physiological studies with pure cultures of chemoheterotrophic filamentous bacteria showed that most of them appear to have a strictly aerobic respiratory metabolism, with oxygen as electron acceptor. To our knowledge only the morphotypes Type 0961, Type 1863, Type 1851 and *N. limicola* are claimed to have the capacity to perform a fermentative metabolism [109–111], and therefore may have competitive advantages in systems with anaerobic stages. Anyway, these morphotypes are believed to be minor components of the total microbial population and they are, in general, not responsible for bulking sludge episodes.

Some of the filamentous bacteria are able to use nitrate as electron acceptor, reducing it as far as nitrite, like *M. parvicella* [112,113], *S. natans* [114], *Thiothrix* spp. [115,116], Type 021N [115,116] and Type 1851 [111], but the substrate uptake rate and denitrification rate for the filamentous bacteria analysed so far (Type 021N and *Thiothrix* spp.) are much lower (more than 80 times) than for floc-forming bacteria (*Zoogloea ramigera*) [115]. Type 0092, a filamentous bacterium dominant in many nutrient removal activated sludge systems, seems to be incapable of using nitrate as electron acceptor [110]. Furthermore, in case of *M. parvicella*, it is reported that growth is not sustained under anoxic conditions [112]. Anoxic contact zones have been using this physiological information to control bulking sludge



Table 3

List of some important FISH probes currently available for filamentous bacteria identification

| Taxonomic group/microorganism  | Oligonucleotide probe name                                   | Reference                 |
|--|--|---------------------------|
| <b>Alpha-subclass of <i>Proteobacteria</i></b>   |  |                           |
| <i>Alisphaera europea</i> (EU24)   | Noli-644   | Snaidr et al. [92]        |
| <i>Alisphaera</i> MC2  | MC2-649  | Snaidr et al. [92]        |
| <i>Alisphaera</i> PPx3   | PPx3-1428  | Snaidr et al. [92]        |
| <b>Beta-subclass of <i>Proteobacteria</i></b>  |  |                           |
| <i>Leptothrix discophora</i> and other members of the $\beta$ 1 group of <i>Proteobacteria</i> | LDI  | Wagner et al. [71]        |
| <i>S. natans</i> and other members of the $\beta$ 1 group of <i>Proteobacteria</i>             | SNA23a   | Wagner et al. [71]        |
| <b>Gamma-subclass of <i>Proteobacteria</i></b>   |  |                           |
| <i>Acinetobacter</i> spp., some Eikelboom type 1863  | ACA  | Wagner et al. [96]        |
| Eikelboom type 021N  | 21N  | Wagner et al. [71]        |
| <i>T. nivea</i> , <i>T. unzii</i>  | TNI  | Wagner et al. [71]        |
| Eikelboom type 021N group I  | G1B  | Kanagawa et al. [97]      |
| Eikelboom type 021N group II ( <i>T. eikelboomii</i> )   |  | Kanagawa et al. [97]      |
| Eikelboom type 021N group III ( <i>T. defluvi</i> )  |  | Kanagawa et al. [97]      |
| Eikelboom type 021N <i>T.</i>  |  | Kanagawa et al. [97]      |
| <i>Leucothrix mucor</i>  | LMU  | Wagner et al. [71]        |
| <i>T. fructosivorans</i> , <i>T. ramosa</i>  | TFR  | Kim et al. [98]           |
| Competitor against TNI and TFR   | TEI  | Kim et al. [98]           |
| <b><i>Cytophaga-flavobacterium-Bacteroides</i></b>   |  |                           |
| <i>Haliscomenobacter</i> spp.  | HHY  | Wagner et al. [71]        |
| <b>Green non-sulphur bacteria</b>  |  |                           |
| ' <i>Chloroflexi</i> ': Eikelboom type 1851 (BEN 52)   | CHL 1851   | Beer et al. [99]          |
| ' <i>N. limicola</i> '-like bacteria   | AHW183   | Schade et al. [91]        |
| <b>High mol% G + C Gram-positive bacteria: <i>Actinomycetes</i></b>                            |  |                           |
| <i>Corynebacterineae</i>   | Myc657   | Davenport et al. [100]    |
| Genus <i>Gordona</i>   | Gor-0596   | De los Reyes et al. [101] |
| <i>Gordona amarae</i>  | G.am-0192  | De los Reyes et al. [101] |
| <i>Gordona amarae</i>  | G.am-0205  | De los Reyes et al. [102] |
| <i>Gordona amarae</i> group 1 strains  | G.am1-0439   | De los Reyes et al. [102] |
| <i>Gordona amarae</i> group 2 strains  | G.am2-0439   | De los Reyes et al. [102] |
| <i>N. limicola II</i>  | NlimII175, NlimII192   | Liu and Seviour [87]      |
| <i>M. parvicella</i>   | MPA60, MPA223, MPA645, MPA650, CompMPA650.1 and CompMPA650.2 | Erhart et al. [103]       |
| <b>Low mol% G + C Gram-positive bacteria</b>   |  |                           |
| <i>N. limicola I</i>   | NlimI91  | Liu and Seviour [87]      |
| <b><i>Planctomycetes</i></b>   |  |                           |
| <i>N. limicola III</i>   | NlimIII301, NlimIII792, NlimIII830                           | Liu and Seviour [87]      |
| <b>TM7, candidate division of the domain <i>Bacteria</i></b>                                   |  |                           |
| Eikelboom type 0041/0675   | TM7305, TM7905   | Hugenholtz et al. [104]   |

particularly due to Type 021N and *S. natans* [67,115,117,118]).

Of the most predominant filamentous bacteria found in BNR activated sludge systems only the

morphotype Type 0092 and *M. parvicella* were grown in pure culture [81,110,112,113,119–121] and significant difficulties are encountered in the isolation of the latter. Table 4 summarizes some important characteristics of



Table 4

Physiology, stoichiometry and kinetics of the mostly dominant filamentous bacteria in BNR-activated sludge systems

| Filamentous bacteria             | Physiology   | Stoichiometry and kinetics  | Reference   |
|----------------------------------|--|---|---|
| ' <i>Microthrix parvicella</i> ' | The strains RN1 and 4B can grow in R2A medium (with glucose, casaminoacids, yeast extract, sodium pyruvate, starch, and proteose peptone) but not under anoxic (presence of nitrate and/or nitrite) or anaerobic conditions. Although these strains can store the substrate (PHA granules) under aerobic, anoxic (nitrate and/or nitrite) and anaerobic conditions, no growth occurs in anoxic and anaerobic conditions. Both strains are able to reduce nitrate to nitrite but not to N <sub>2</sub> and have a high resistance to long periods of anoxic and anaerobic conditions. | $\mu_{\max} = 0.46 \text{ day}^{-1}$ (4B), 0.37 (RN1), 0.66–0.67 day ( <i>Microthrix parvicella</i> from activated sludge); $k_s = 3.9 \text{ mg COD L}^{-1}$ (4B and RN1).   | Rossetti et al. [112]   |
|                                  | The organism grows in R2AM medium, a modified medium of R2A. Able to take up and to store the long-chain fatty acids (oleic acid and palmitic acid) and a lipid (trioleic acid) under oxic, anoxic, and anaerobic conditions. Not able to take up simple substrates such as acetate, propionate, butyrate, glucose, ethanol, glycine, and leucine. Not able to store labelled orthophosphate under alternating anaerobic and anoxic/oxic conditions applied for enhanced biological phosphorus removal.  | Doubling time ( $t_g$ ) = 128 days.   | Connery et al. [120]<br>Andreasen and Nielsen [107,122]<br>and Nielsen et al. [108] |
|                                  | Strain RN1 is able to use a wide range of different substrates including organic acids, complex substrates, and fatty acids as the sole carbon source but glucose and either pure oleic acid or its esters are not carbon sources for its growth. It contains intracellular lipid granules and accumulates polyphosphate. Able to reduce nitrate to nitrite but unable to denitrify to N <sub>2</sub> .  | $\mu_{\max} = 0.3\text{--}0.5 \text{ day}^{-1}$   | Tandoi et al. [113].  |
|                                  | Strains DAN1-3 and Ben43 are able to grow on non-Tween medium (NTM—with peptone and succinate) and R2A, respectively. It contains polyphosphate inclusions.  |   | Blackall et al. [119,123]   |
| Eikelboom type 0041/0675         | Able to use long-chain fatty acids (e.g., Oleic acid) and their esters as carbon and energy source. No growth occurs on organic acids and sugars. Excess carbon is stored as a lipid granule under oxic conditions. It is a micro-aerophilic bacterium with a high affinity for oxygen and might be dependent on reduced N and S compounds for growth. Its lipid composition is very high, at times approaching 35% of the dry weight of the organism.   | $\mu_{\max} = 1.44 \text{ day}^{-1}$ (chemostat), $0.38 \text{ day}^{-1}$ (batch); $Y_{SX}^{\max} = 1.41 \text{ g g cell d.w. g}^{-1}$ oleic acid; $m_s = 1.46 \text{ mg oleic acid g}^{-1}$ cell d.w. h <sup>-1</sup> ; $m_o = 4.48 \text{ mg O}_2 \text{ g}^{-1}$ cell d.w. h <sup>-1</sup> | Slijkhuis [121]   |
|                                  | Able to take up several sugars (glucose, galactose and manose) and amino acids (more leucine than glycine) under aerobic and anoxic conditions but not acetate.  |   | Thomsen et al. [124]  |
| Eikelboom type 0092              | Grow poorly on sugars and has enzyme activities capable of degrading some proteins. It is a strict aerobic bacterium.  | $\mu_{\max} = 7.92 \text{ day}^{-1}$ , 0.37 (RN1), $k_S = 350 \text{ mg COD L}^{-1}$ , $k_d = 0.04 \text{ h}^{-1}$  | Horan et al. [110] and Buali and Horan [81]   |

the dominant filamentous bacteria found in BNR systems.

## 5. Current general theories to explain bulking sludge

Several hypotheses about bulking sludge were formulated in the hope of finding a general explanation for this problem. Unfortunately, none of them led to a definitive solution. Moreover, most of the theories still lack experimental verification. Nevertheless, they form the current basic theoretical framework to approach and understand bulking sludge and, therefore, they will be discussed further.

### 5.1. Diffusion-based selection

Several researchers have pointed out that the morphology of filamentous bacteria aid in substrate uptake under low nutrients or oxygen concentrations. Till the early 1970s, the competition between filamentous and non-filamentous bacteria was based on the fact that the surface-to-volume (A/V) ratio is higher for filamentous bacteria [73]. Especially, at low substrate concentration this high A/V ratio gives advantages to the organisms since the mass transfer to the cells with a high A/V ratio is more facilitated. At lower substrate concentrations this would lead to a relatively higher growth rate.

In later theories it was stated that the filaments could easily penetrate outside the flocs. When the flocs are growing at a low substrate concentration the filamentous bacteria would observe effectively a higher substrate concentration than the floc formers inside the floc [72,74,125]. Micro-gradients of substrate concentration in flocs have been theoretically predicted (e.g., [126]) and experimentally observed in sludge flocs [127]. Later, Martins et al. [46,47] extended this theory by comparing floc growth with biofilm growth. Van Loosdrecht et al. [128] and Picioreanu et al. [129] indicated that in diffusion-dominated conditions (i.e. low substrate concentrations) open, filamentous, biofilm structures arise. At high substrate concentrations compact and smooth biofilms arise. Ben-Jacob et al. [130] showed that the colony morphology of a pure culture also depend on substrate micro-gradients, with low substrate concentrations leading to filamentous colony morphology. Therefore, it could be that the low substrate concentration would lead to a floc to become more open and filamentous [46]. Filamentous bacteria would excellently fit in such a structure.

### 5.2. Kinetic selection theory

Similar to Donaldson [2], Chudoba et al. [21] related the settling characteristics with the mixing characteristics of the activated sludge aeration tank. Using mixed

cultures with defined substrate under laboratory-controlled conditions, Chudoba et al. [21] showed that the aeration systems with a low degree of axial mixing and higher macro-gradients of substrate concentration along the system suppress the growth of filamentous bacteria and lead to the development of well settling sludge. The authors concluded that the primary cause of the selection of floc-forming microorganisms in the mixed culture is the macro-gradient of substrate concentration at the inlet part of the system.

Based on these results, Chudoba et al. [12] formulated the kinetic selection theory to explain the occurrence or suppression of filamentous bacteria in activated sludge systems. The explanation was based on a selection criterion for the limiting soluble substrate by filamentous and floc-forming bacteria. Chudoba et al. [12] hypothesised that the filamentous microorganisms (K-strategists) are slow-growing organisms that can be characterised as having maximum growth rates ( $\mu_{\max}$ ) and affinity constant ( $K_s$ ) lower than the floc-forming bacteria (r-strategists). In systems where the substrate concentration is low (typically  $C_s < K_s$ ), like in continuously fed completely mixed systems, filamentous bacteria have a higher specific growth rate than floc-forming bacteria, and thereby win the competition for substrate. In systems where the substrate concentration is high, like in plug-flow reactors and SBR systems, the filamentous bacteria should be suppressed since their growth rate is expected to be lower than that for floc-forming bacteria. Pure culture studies with some of the filamentous bacteria (e.g., *S. natans* in [125,131]; *Haliscomenobacter hydrossis* in [132] Type 1701 in [82] Type 021N in [133] *M. parvicella* in Slijkhuys et al., 1983, [112,113] and floc-forming bacteria (*Arthrobacter globiformis* in [24] *Z. ramigera* in [133] supported this theory. It is, however, questionable whether these floc-forming bacteria are representative for activated sludge systems. Use of molecular probes has shown that regularly non-dominant bacteria have been enriched from activated sludge [95]. A technique based on quantitative MAR and FISH was recently developed and applied to measure in situ the kinetics of filamentous bacteria ('*Candidatus Meganema perideroedes*' and *Thiothrix* sp.) [134]. This approach is promising and efforts should be made to extend it to other filamentous and non-filamentous bacteria.

Until now no one has unequivocally shown that the filamentous bacteria have in general a lower maximal growth rate than other bacteria present in the sludge. Moreover, there is no theoretical explanation why a filamentous morphology would lead to a lower growth rate. The generally lower  $K_s$  value for filamentous bacteria as proposed in the kinetic selection theory is also not proven yet. If the  $K_s$  is seen as a property of the substrate uptake enzymes, there again seems to be no direct relation between  $K_s$  and filamentous morphology.

If, however, the  $K_s$  is seen as an apparent mass transfer parameter describing mass transfer to the cell the A/V hypothesis of Pipes [73], then it is fully in agreement with the kinetic selection theory. In flocs, the  $K_s$  value is anyway an apparent coefficient influenced by the floc morphology. The more the diffusional resistance (the larger and denser the flocs) the higher the measured apparent  $K_s$  value. For filaments extending from the floc this would mean a lower  $K_s$  value. Based on the reasoning above it might well be that the diffusion-related theories [46,47,72–74,125] and the kinetic selection theory [12] are two side of the same coin.

### 5.3. Storage selection theory

Traditionally, non-filamentous microorganisms are supposed to exhibit the ability to store substrate under high substrate concentrations. This ability presumably gives an extra advantage to non-filamentous bacteria in highly dynamic activated sludge systems such as plug-flow reactors, SBR and selector systems [25,131,135–139]). However, recent studies showed that bulking sludge could have similar or even higher storage capacity than well settling sludge [46,47,140]. Pure and mixed culture studies also show that some filamentous bacteria, like *M. parvicella*, can have a high storage capacity under all the environmental conditions (aerobic, anoxic and anaerobic) [107,108,112,121]. The stored material can be metabolised for energy generation or protein production during the famine periods, which would represent a strong selective advantage for these microorganisms in competition with other filamentous and non-filamentous bacteria. A lower storage capacity by filamentous bacteria can clearly not be considered as an absolute rule in the selection mechanism for filamentous bacteria. Although they may not be the prime selection parameters, storage and regeneration (depletion) are intrinsic processes that play a key role in selector-like systems. Therefore, they should be considered in the description of the metabolic processes that take place in bulking and non-bulking systems.

### 5.4. Nitric oxide (NO) hypothesis

Based on extensive experiments at laboratory scale and at full scale, Casey et al. [141–143] proposed a new hypothesis for the proliferation of (low F/M) filamentous bacteria in BNR systems. The hypothesis considers two groups of bacteria, i.e. filamentous and floc-forming bacteria, which are assumed to compete for organic substrate under different denitrification mechanisms. They hypothesised that nitrite and NO, both intermediates of denitrification, accumulate in the floc-forming bacteria and not in the filamentous bacteria. It was postulated that filamentous bacteria only perform denitrification till nitrite and, therefore, do not accumu-

late the intermediate inhibiting compound NO. In these conditions filamentous bacteria have competitive advantages over floc-forming bacteria since they can utilise the slowly biodegradable COD (SBCOD) under aerobic conditions. Since nitrite is the precursor of NO and because intracellular NO is very difficult to measure, bulk liquid nitrite concentration was used by the authors as a possible indicator of the presence of NO. The inhibition of floc-forming bacteria under aerobic conditions is sustained by the presence of nitrite and low rate of readily biodegradable COD (RBCOD) addition in the aerobic zone, which is continuously produced by the hydrolysis of SBCOD [42,43]. Until now, however, no experimental evidence exist that nitrite and NO levels during denitrification are coupled. Recent results indicate an alternative hypothesis, which appears to be additional to the NO hypothesis, based on the requirement of ammonia for growth by *M. parvicella* [144].

The NO hypothesis has its merits but still needs to be verified. Type 0092, a low F/M filamentous bacteria dominant in many BNR activated sludge systems, seems not to be capable of using nitrate as electron acceptor [110] and microautoradiography studies suggest that nitrite under in situ conditions might be used by *M. parvicella* as an electron acceptor providing energy for the uptake of oleic acid [107], which makes the validity of such hypothesis at least questionable. More detailed biochemical and microbiological studies are needed to definitively discard or prove this hypothesis.

## 6. Remedial actions

Basically, there are two strategies that can be followed to control bulking sludge, i.e. specific or non-specific methods. The non-specific methods comprise techniques such as chlorination, ozonation and application of hydrogen peroxide. The application principle of these methods is quite simple: since filamentous bacteria causing bulking sludge are placed mostly outside the floc, they are more susceptible to oxidants than the floc-forming bacteria. Chlorination is widely used in USA and the procedures for its implementation are well documented (e.g., [1]). Its application in Europe is limited due to environmental concerns in several countries with the potential formation of undesirable by-products such as halogenated organic compounds. Another negative aspect is that slow-growing bacteria such as nitrifiers when affected by oxidants take a long time to recover, which could potentially lead to effluent quality deterioration. Furthermore, the non-specific methods do not remove the causes for the excessive growth of filamentous microorganisms and their effect is only transient. The same applies to short-term control methods, such as redistribution of biomass from the clarifiers to the aeration tanks and/or increase in the

sludge wasting rate. Specific methods are preventive methods that have the goal to favour the growth of flocc-forming bacterial structures at the expense of filamentous bacterial structures. The challenge is to find the right environmental conditions in an activated sludge treatment plant to reach this goal. Because the success of its application would allow a permanent control of bulking in activated sludge systems, in a sustainable way, these methods should be developed and preferentially be adopted.

Until now preventive actions for bulking sludge are not based on the knowledge of the physiology and/or kinetics of a specific type of filamentous bacteria, this despite the great emphases in process monitoring on recognising the filamentous bacteria present. Generalised preventive actions seem to agree that readily biodegradable substrates need to be consumed at high substrate concentrations. This means that in the entrance part of the activated sludge process a plug-flow type of hydraulics is needed until the RBCOD is consumed, thereafter a completely mixed tank can be used. If oxygen is consumed at low concentrations it leads in a similar manner as for RBCOD to bulking sludge. Adequate aeration in the plug-flow stage, therefore, is essential to prevent bulking. The prerequisite of a plug-flow, initial part of the activated sludge process, has resulted in the development of selectors to prevent bulking. Both theories for sludge bulking (A/V or diffusion-based selection as well as kinetic selection theory) support the above approach.

### 6.1. Selector

A selector is defined as the initial part of a biological reactor, characterised by a low dispersion number and by an adequate macro-gradient of substrate concentration [12]. It can also be a small separate initial zone of a biological reactor that receives the influent and sludge return flows and has a high RBCOD uptake rate, with virtually complete RBCOD removal [1]. In selector-like systems, the microorganisms are subjected to periods with (feast) and without (famine or regeneration) external substrate. In essence a pulse fed SBR or an SBR fed in a static way is the ideal selector system. It has been shown that in such systems even aerobic granular sludge can be formed [145]. In the selector, the microorganisms are subjected to high growth rate environments and are able to accumulate substrate as internal storage products in their cells (storage). A sufficiently long period without external substrate available (low growth rate or famine environment) should then exist (aerobic stage) to reestablish the storage capacity of the cells [131,133,135,136,146–148]. Selectors were quickly installed in full-scale activated sludge systems and are still world-wide the most applied engineering tool for the prevention of bulking sludge

phenomena. Nevertheless, there are still regular reports citing selectors failure in the control of bulking sludge [25,34–37] cited by Ekama et al. [38]. It is unclear if such failures were due to a bad design of the selector tank, to transient conditions in the biological treatment system or to other factors that somehow affected the population dynamics, giving competitive advantage for filamentous bacteria. The different selectors and their potential pitfalls will be briefly described here in the following. It is clearly not the authors' aim or intent to review all reported experiments.

### 6.2. Aerobic selectors

Till the end of the 1980s only organic carbon removal was required in most countries, and fully aerobic systems usually with a completely mixed feeding pattern were preferred. In USA, the systems were mainly high rate with a sludge retention time (SRT) lower than 5 days. Under these conditions, the occurrence of bulking sludge was mainly attributed to the excessive growth of filamentous bacteria such as Types 021N and 1701 [44]. In Europe and South Africa, low-rate plants like oxidation ditch systems and extended aeration systems have been constructed. In the 1990s more stringent regulations with respect to nutrient emissions, particularly ammonia emissions, were required in Europe and USA. In order to fulfil these requirements wastewater treatment plants had to be upgraded and improvements for biological nitrification capability were made. The aeration systems were improved and to keep the nitrifying bacteria in the system, the SRT was usually increased to over 10 days. Furthermore, intermittent aeration systems became more common since they allowed a certain degree of denitrification. In these conditions, bulking sludge was mainly due to the proliferation of the morphotypes *M. parvicella* and Types 021N, 0041/0675 0092 and 0581 [60,61,64,149–151]. These observations led to the definition of the so-called low F/M filamentous bacteria group by Jenkins et al. [1,11].

Aerobic selectors, small mixing zone (aerobic or anoxic) or contact zone (without aeration), were implemented to control bulking sludge attributed in many cases to the excessive growth of Type 021N, *Thiothrix* spp., *S. natans*, but not always successfully in the case of *M. parvicella* [1,13,22,26,36,39,46,47,56,61,67,68,115,117,133,138,149–160].

Many continuous-flow, controlled dynamic systems impose sub-optimal selective pressures on the microbial community and are therefore unable to respond well even during the peak loading periods for which they were originally designed [33]. The contact time, a typical design parameter for selectors, has a very strong and non-linear effect on the sludge settleability [46]. The knowledge of this trend is relevant to define strategies to prevent sludge bulking. When the contact time is

insufficient, soluble substrate is not consumed in the contact zone, and may penetrate into the main aeration basin. In this case the growth of filamentous microorganisms will occur. On the other hand, when the contact time is even slightly too long, the concentration of substrate will be low, approaching the typical level of completely mixed tanks, which also favours the growth of filamentous microorganisms. The strong effect of a too large or small contact tank on the sludge volume index (SVI) makes a proper design difficult. In systems with highly dynamic feeding patterns, like temperature, flow and load variations such as wastewater treatment systems, a good design is not easy and may be a plausible reason for regular failing of selector tanks. Therefore, in practice it is expected that only plug-flow systems, like long channels (length-to-width ratio larger than 10:1) [161], compartmentalised contact tanks or an SBR fed in a static way [33,135], can guarantee a strong macro-gradient of substrate concentration and will function properly under highly dynamic conditions. Furthermore, proper staging can improve the performance of activated sludge systems that are kinetically limited [162].

The necessity to maintain a minimum DO concentration as a function of the soluble organic loading rate or soluble substrate uptake rate in the aeration basin and in the aerobic selector has been recognised and verified in several studies and working diagrams were proposed [4,47,74,163–165]. Although the recommended contact time in an aerobic selector tank is very small, the amount of oxygen required is about 15–30% of the soluble COD removed [1,47]. This underlines the importance of sufficient oxygen supply in the aerobic selector. If a compartmentalised (plug-flow) aerobic selector tank has a too low aeration rate, the negative impacts on the sludge settleability could be worse than with an “overdesigned” (too large) completely mixed selector tank [47]. Furthermore, the aeration control is very important and the sensors should be placed in the first compartment where the oxygen consumption is highest (Table 5).

### 6.3. Non-aerated selectors in BNR systems

With the introduction of BNR systems factors such as long SRTs (low F/M), unaerated (anoxic and/or anaerobic) sludge mass fraction, hydrolysis of SBCOD, kinetics and storage in the unaerated reactors, frequency of alternation between anoxic and aerobic conditions and low DO concentration in the simultaneous nitrification/denitrification reactor (SND) or in the aerobic tank may have contributed to serious bulking sludge problems that are reported in many BNR-activated sludge systems [39,41,42,51,54,55,57,117].

Like in the aerobic selectors, all the RBCOD should be removed in the anoxic and anaerobic (selector)

reactors, preventing any RBCOD entrance into the aerobic stage, which if occurs might give advantages to filamentous bacteria [1,49,115]. Furthermore, oxygen and nitrate should be absent from the anaerobic reactor and the former from the anoxic reactor. In addition to disruption of bio-P and/or denitrifying activity, the presence of microaerophilic conditions in the anaerobic and/or anoxic stages, which for instance can be attributed to diffusion of oxygen through the liquid surface [169], or to the aeration of the returned sludge/liquid stream in screw pumps, can lead to worsening sludge settling characteristics [170] cited by Chiesa [171].

#### 6.3.1. Anoxic selectors

The design criterion of anoxic selectors (Table 5) is primarily based on the ratio RBCOD/NO<sub>3</sub>-N entering the reactor. Since in plug-flow reactors an important fraction of RBCOD is expected to be converted to storage products the ratio (RBCOD/NO<sub>3</sub>-N)<sub>consumed</sub> is higher than the typical range for completely mixed systems (7–9 mg RBCOD/mg NO<sub>3</sub>-N) [1,16,146,148,161,166].

In full-scale systems, it is difficult to balance the nitrate load to RBCOD load since there are daily variations and some degree of denitrification takes place in the secondary clarifier. Periods with lower nitrate concentration or temporarily anaerobic conditions in the anoxic selector are expected. These conditions are not necessarily harmful for the sludge settling characteristics because in a plug anoxic selector an important fraction of RBCOD can be stored by ordinary heterotrophic organisms [118,146,172] or used by the phosphorus-accumulating organisms (PAOs) [173] cited by Marten and Daigger [118,174] or by glycogen-accumulating non-polyphosphate organisms (GAOs) [175–179]. However, the leakage of RBCOD to the aeration basin, and subsequently bulking sludge, can occur if the anoxic selector has a reduced storage capacity (e.g., in completely mixed systems). More research is needed to uncover the key factors on the competition between these microorganisms. In the meantime to design a reliable full-scale anoxic selector it is advisable to first perform pilot-plant studies and only then scale-up the system.

#### 6.3.2. Anaerobic selectors

Under strictly anaerobic conditions (e.g., in UCT-type processes) the soluble substrate, mainly volatile fatty acids and other simple substrates, are taken up and mostly stored. The design of anaerobic selectors follows the ratio of RBCOD uptake rate to phosphorus release rate, which is needed for phosphorus removal, making sure that virtually no RBCOD enters the main aeration basin (Table 5). These conditions were created in activated sludge systems to promote the growth of PAOs. However, another group of bacteria, known as GAOs, can grow quite well in similar conditions (e.g., [176,179]. Both types of bacteria are capable of taking

Table 5  
Selector design guidelines recommended for aerobic, anoxic, and anaerobic selectors in domestic wastewater treatment systems

| Parameter   | Value  | Reference   |
|---|--|---|
| <i>Aerobic selector</i>   |  |   |
| Number of compartments  | $\geq 3$   | Jenkins et al. [1]  |
| Contact time  | 10–15 min, But it depends on load, temperature, and wastewater composition (i.e. Fraction of RBCOD)  | Eikelboom [154], Daigger et al. [149] Van Niekerk et al. [133], and Martins et al. [46]   |
| Sludge loading rate   | 12 (1st comp.), 6 (2nd comp.), and 3 (3rd comp.) Kg COD kg <sup>-1</sup> MLSS d <sup>-1</sup>  | Jenkins et al. [1]  |
| Floc loading  | 50–150 g COD kg TSS <sup>-1</sup> (1st comp)   | Heide and Pasveer [155], Eikelboom [154], and Kruit et al. [61]   |
| DO concentration  | $\geq 2$ mg O <sub>2</sub> L <sup>-1</sup> , but it depends on the sludge loading rate, floc loading rate, and/or substrate uptake rate. Sensor should be placed in the 1st comp | Casey et al. [163], Sezgin et al. [74], Palm et al. [4], Albertson [15], and Martins et al. [47]  |
| <i>Anoxic selector</i>  |  |   |
| Number of compartments  | $\geq 3$   | Jenkins et al. [1]  |
| Sludge loading rate   | 6 (1st comp.), 3 (2nd comp.), and 1.5 (3rd comp.) kg COD kg <sup>-1</sup> MLSS d <sup>-1</sup>   | Daigger and Nicholson [150], Albertson [152], and Jenkins et al. [1]  |
| Contact time<br>(RBCOD/NO <sub>3</sub> -N) <sub>consumed</sub>      | 45–60 min<br>Usually higher than –79 mg RBCOD mg NO <sub>3</sub> -N <sup>-1</sup> due to storage   | Kruit et al. [49]<br>Randall et al. [166], Jenkins et al. [1], Wanner [16], Van Loosdrecht et al. [148], WEF [161], and Beun et al. [146] |
| <i>Anaerobic selector</i>   |  |   |
| Number of compartments  | $\geq 3$ , long channels (length-to-width ratio larger than 10:1)  | Albertson [15] and Kruit et al. [49]  |
| Contact time  | 1–2 h  | WEF [161] and Kruit et al. [49]   |
| (COD <sub>VFA+fermentable</sub> /PO <sub>4</sub> -P) <sub>inf</sub> | 9–20 g COD g P <sup>-1</sup>   | Wentzel et al. [167] and Smolders et al. [168]  |



up simple soluble substrates in the anaerobic stage and store it as poly hydroxy-alkanoates (PHA). The energy reserve that allows the uptake and storage mechanisms is, however, different in both types of bacteria. Polyphosphate is used in case of PAOs and glycogen in case of GAOs. This metabolic diversity gives a great flexibility to the anaerobic selector in removing the organic load, independently of the occurrence of phosphorus removal. Furthermore, in spite of the great diversity of PAOs and GAOs no filamentous bacteria have been unequivocally identified so far as having this metabolism.

As result of the availability and consumption of RBCOD in the anaerobic stage, PAOs and GAOs accumulate in the sludge and obligate aerobic micro-organisms supposedly decrease in number, as they lack substrate in the aerobic phase. Thus, the more substrate is removed from the anaerobic stage, which also means less substrate available in the oxic stage, the better should be the settling characteristics of the activated sludge. Furthermore, sludge rich in poly P bacteria settle usually better because they form dense clusters and intracellular polyphosphate [180], in combination with chemical phosphorus precipitation, and increases the sludge density even more. Recent reports have been confirmed the success of (plug-flow) anaerobic selectors in controlling sludge bulking [49,181], even when *M. parvicella* is the most dominant filamentous bacteria [49]. An anaerobic selector, however, cannot be always used. For instance, its application is not recommended for waste streams rich in sulphur compounds. Anaerobic conditions can favour even more the production of reduced sulphur compounds, which can be used in the aerobic stage by filamentous sulphur oxidising bacteria [182].

### 6.3.3. Contradictory observations about the effectiveness of selectors in BNR systems

Even though we might think that the incorporation of (plug-flow) anoxic and/or anaerobic stages into activated sludge systems could impose a strong selective pressure in bacteria, giving competitive advantages to non-filamentous bacteria, it turned out to be not always the case, at least not for all the filamentous bacteria. In fact, a shift in the predominant filamentous bacteria seems to have occurred with the introduction of BNR systems (e.g., [3,50,51,55]). Therefore, questions arise about the effectiveness of selectors, mostly anoxic and anaerobic, in bulking control of BNR systems.

Albertson [15] argued that bulking sludge occurs in many BNR systems because the anaerobic, anoxic and aerobic zones in these systems are in the form of single completely mixed reactors. He suggested that bulking could be controlled if high macro-gradients of substrate concentration were imposed in the systems by a proper compartmentalisation. Recent studies in The Netherlands showed that well settling sludge ( $SVI < 120 \text{ ml g}^{-1}$

with common values below  $100 \text{ ml g}^{-1}$ ) could be achieved in full-scale BNR systems by implementing a well-controlled strictly anaerobic and anoxic plug-flow selectors [49]. Further possible factor which led to better sludge settleability was the introduction of an aerobic reactor after the anoxic/aerobic stage to create simultaneously a low ammonium concentration ( $< 1 \text{ mg N L}^{-1}$ ) and a high DO concentration ( $> 1.5 \text{ mg O}_2 \text{ L}^{-1}$ ) [49,144,183]. These observations are in agreement with the general assumption that compartmentalised anoxic or anaerobic selectors, designed to create not only the metabolic selection [67] but also the selection by adopting a plug-flow configuration, leads to well settling sludge. An example of a treatment system based on the considerations is the BCFS<sup>®</sup> concept [184] of which 12 full-scale plants are currently successful in operation in The Netherlands.

However, there are also studies that show that the introduction of anoxic or anaerobic compartmentalised selectors did not control bulking. Ekama et al. [38] stated that a compartmentalised anaerobic zone (four equally sized completely mixed reactors) with a mass fraction of 0.16, which seems to resemble a plug-flow anaerobic selector [34] cited by Ekama et al. [38] or a first plug-flow anoxic zone with a mass fraction of 0.14, resembling an anoxic selector [35] cited by Ekama et al. [38] were not successful in bulking sludge control. Aerobic selectors (DO concentration in the range  $2.0\text{--}4.0 \text{ mg O}_2 \text{ L}^{-1}$ ) were also tested. Both with and without aerobic selectors present, low F/M filamentous bacteria (mainly the morphotypes *M. parvicella* and Types 0092, 0041/0675, 0914 and 1851) always proliferated in systems with alternating short periods of anoxic–aerobic conditions such as that occurring in oxidation ditch systems [39–43]. The authors concluded that neither kinetic selection nor metabolic selection control bulking by low F/M microorganisms and that the aeration pattern, namely short alternating anoxic/oxic periods, typical of oxidation ditch-type systems, appeared to be the most important factor promoting the growth of the low F/M filamentous bacteria. From these results together with a literature review the authors proposed the NO hypothesis (formerly described) to explain the competition between low F/M filamentous bacteria and floc-forming bacteria [141–143]. Further research work is needed to verify this hypothesis but some concerns, previously mentioned, do exist about its validity.

## 7. Mathematic modelling

To study complex ecosystems, like activated sludge cultures, in which many factors are acting together, mathematical modelling can be a very useful tool. Much progress has been achieved in this field in spite of the extreme complexity of activated sludge population



dynamics. The Activated Sludge Models (ASM 1, 2, 2D and 3) published by the IWA task Group on Mathematical Modelling for Design and Operation of Biological Wastewater Treatment [185–188] are examples of useful models to study population dynamics in activated sludge systems. As the knowledge of bacterial physiology increases, the models are continuously upgraded. An example is the incorporation of storage processes in ASM 3 [185]. This is a first attempt to allow for modelling of storage polymer metabolism and to better describe the conversions occurring in selector-like systems. Also recently developed metabolic models provide a better link between the kinetics and the biochemistry of storage [146,189], and will certainly contribute to the description and modelling of the metabolic processes that take place in selectors. Despite the great detail in these models the growth of filamentous bacteria and, thus, bulking sludge, still cannot be predicted.

Models that can predict the settling characteristics of the activated sludge are in an early phase of development. Some models already exist to predict the development of filamentous and non-filamentous bacteria considering either a dual species or a group competition (e.g., floc formers, filaments, low DO filaments, low F/M filaments) for single substrate or for group of substrates (RBCOD or SBCOD) [5,72,125,159,190–200]. These models can be basically grouped into two groups: one considering the bacterial physiology and kinetics–biokinetic models; and another one considering both the physiology and kinetics, and the morphology of bacteria.

Diffusional transport of substrates into the activated sludge flocs is an important mechanism in the competition between floc-forming bacteria and filamentous bacteria. Lau et al. [125] developed the first bulking sludge mathematical model incorporating simultaneous diffusion of soluble organic substrate and DO through flocs with predetermined shape. Parameters like bulk liquid soluble organic substrate and DO concentration and floc shapes and sizes were used to predict the volume-averaged growth rate of filamentous bacteria (*S. natans*) and non-filamentous bacteria (*Citrobacter* sp.). The kinetic parameters, which were experimentally measured, had values according to the kinetic selection theory. The results of this model cannot be extrapolated because either the kinetic parameters do not apply to other filamentous or non-filamentous bacteria [85], or the representativeness of the model microorganisms in activated sludge systems can be questioned. In spite of these limitations the model illustrates some aspects that may match the reality. For instance, the model predicts that a cylindrical floc has less resistance to substrate diffusion than equal-volume spherical flocs, which is in line with recent experimental observations about the roughness of bacterial floc structures usually found in

bulking sludge systems [46]. Furthermore, the study warned that the one-dimensional (unidirectional) growth of filamentous bacteria might lead to a floc geometry that is better for substrate diffusion. Also Kappeler and Gujer [72] proposed that RBCOD could favour the growth of filamentous microorganisms due to substrate diffusional resistance in the biological flocs. Unlike the former model, similar kinetic parameters, i.e. maximum growth rate and intrinsic substrate half-saturation coefficient, were adopted. Apparent RBCOD half-saturation coefficients for filamentous microorganisms were considered to be lower than those for non-filamentous bacteria to represent the differences in substrate diffusion resistance.

Later studies took into account both the micromorphology of the floc and the oriented growth characteristics of the filamentous bacteria (preferential unidirectional growth) [200]. This study was the first attempt to combine the morphological characteristics with the physiology of filamentous and non-filamentous bacteria. Three groups of microorganisms (floc formers, low dissolved oxygen filaments and low F/M filaments) were considered, with kinetic parameters following the trend indicated by the kinetic selection theory, and different scenarios of soluble substrate and DO were simulated. The simulation of the activated floc structure under diffusion governed conditions showed, as expected, that the filamentous bacteria predominate in soluble substrate and DO limited environments. The authors did not differentiate between the effect of kinetic parameters and the effect of cell morphology as such.

Recent studies showed that the coexistence of floc formers and filaments could not be predicted in activated sludge systems with simple models according to kinetic selection theory [190]. The kinetics, solids retention time and the substrate feed concentration determine which type of bacteria will remain in the system. The two types of bacteria could only coexist at a single solids retention time which is not feasible in practice [190]. The introduction of the backbone theory in the model allowed coexistence of both organisms [191]. Others factors (i.e. storage and decay rates) were later added to model the competition [197]. It is evident that experimental verification is needed with respect to all these factors. Furthermore, diffusion, a well-known physical process, of substrates into the activated sludge flocs should be considered and evaluated through the models.

In summary, modelling can be used to better evaluate the role of unidirectional growth of filamentous bacteria together with the expected higher capacity of filamentous bacteria to grow according to the substrate microgradient in sludge flocs, under a wide range of kinetic parameters. More research efforts should be placed on the role of bacterial morphology and diffusion on this competition because the kinetic parameters, namely the

intrinsic substrate half-saturation coefficient, storage capacity and decay rates, are largely unknown. This kind of studies may lead to a better understanding in the competition between filamentous and non-filamentous bacteria in gradient-governed microenvironments so typical of activated sludge systems.

## 8. Research questions

Despite the great amount of research that was done on bulking sludge, it still occurs world-wide and a definitive solution does not seem to be available. Partly this is due to the fact that the problem has usually been approached from either an engineering (general solution) or a microbiological (species specific) point of view. To have more insight on the factors promoting the growth of filamentous bacteria both disciplines have to be integrated. An increased knowledge about processes like bacterial morphology and physiology, diffusion, substrate kinetics and substrate storage, hydrolysis and role of particulate substrate, bacteria identification and quantification by molecular methods, flocculation, detachment and attachment, competition for multiple limiting substrates, and other microbial interactions such as commensalism, mutualism, parasitism or predation, as well as models refinement in order to improve their predictions, is needed to better understand the complex bulking sludge phenomena.

### 8.1. Sludge architecture

Do filamentous bacteria form a structural element of floc architecture? More insight is needed to describe the internal architecture of the flocs (filamentous bacteria/non-filamentous bacteria/EPS). The application of different microscopic and molecular techniques, namely transmission electron microscopy in conjunction with specific methods and CLSM together with specific gene probes and microelectrodes, are useful tools to accomplish this task.

### 8.2. Bacteria identification and physiology

Can the metabolism of representative filamentous bacteria be sustained under anaerobic and/or anoxic-aerobic cyclic conditions with fully organic substrate removal in the anaerobic and/or anoxic stages? At least some filamentous bacteria can store the organic substrate in anaerobic or anoxic conditions, which potentially give them advantages in biological nutrient removal systems (e.g., *M. parvicella* in [107,108,112,122]). Additional research is also needed to verify if growth is sustained under these conditions.

Great research efforts should be made to enable automatic detection by molecular methods (e.g., FISH),

and quantification (e.g., microarray/DNA chips and flow cytometry) for the rapid screening of filamentous bacteria in wastewater treatment systems and on bacterial physiology. Possible changes in the bacterial morphology with the growth conditions should also be studied by molecular methods. Some microorganisms are very difficult or even impossible to grow in pure culture. In situ techniques such as FISH-MAR (e.g., [106–108,124,134]) have to be applied in this case. Microsensor measurements combined with FISH, and eventually MAR, can also give some important information about the functional state, like metabolic activities, and bacterial growth over time. Recently, the combined use of FISH and microsensors allowed the analyses of bacterial communities and metabolic activities simultaneously, thereby revealing anaerobic and anoxic microniches in flocs within aerobic environments [127,201]. Growth of filamentous bacteria in substrate gradient environments (e.g., sludge flocs) could also be better studied by combining these techniques. The development of a large data bank with information about the wastewater treatment system and population structure and function [105] is also recommended.

### 8.3. Role of particulate substrates

Do particulate substrates (and which ones) lead to bulking sludge? Although particulate substrate, mainly SBCOD, is an important fraction of the total COD present in the wastewater [61,72,143,202] little research has been done about its effect on the development of filamentous bacteria. From a mechanistic point of view SBCOD is believed to be advantageous for floc-forming bacteria [72], since it is unlikely that hydrolysis products could diffuse to outside the floc as hypothesised by others [203]. Unfortunately, most of the adsorption, hydrolysis, uptake and storage mechanisms of complex substrates, such as lipids, are not well known. Further research is clearly needed to unravel these mechanisms and to clarify their role in the growth of filamentous bacteria.

### 8.4. Storage polymers

Is there a difference in storage metabolism between floc-forming bacteria and filamentous bacteria? Storage polymers are an important aspect of activated sludge processes, especially in selector-like systems. Literature data regarding quantification of storage polymers in such highly dynamic conditions and the relation with sludge bulking are still scarce and the exact role of substrate storage in sludge bulking control is still not fully clarified. Some results from lab-scale systems are already available but especially in full-scale systems more research is needed. Although techniques to

measure important storage polymers such as PHA, glycogen and poly phosphate are available, more analytical methods are needed to measure other internal storage polymers (e.g., lipids). On the other hand, the analytical methods, and thus the studies, should show clearly how a distinction is made between the internal stored substrate and the adsorbed and intracellular non-stored material (e.g., internal stored lipid and membrane phospholipids; glycogen and other adsorbed and intracellular sugars).

### 8.5. *Selectors*

Can safe design guidelines be well defined for selectors? What are the safe design guidelines? Since selectors are the only known preventive engineering tools capable of minimising bulking sludge more research should be directed to better define its design and operating criteria. For instance, some doubts still exist about the necessity to design anoxic and anaerobic selectors with a plug-flow regime. At present the design criteria are mostly based on empirical observations. Further research studies should aim to define design guidelines based on understanding the mechanism of selector function, like bacterial physiology and storage processes, in order to define reliable and efficient operating strategies and not trial-and-error approaches. More research is also needed to clarify the role of short anaerobic/anoxic/aerobic cycles, typical of oxidation ditch systems, on the growth of filamentous bacteria.

Comparative effectiveness selector studies could be performed in cases where either an aerobic and, specially, anoxic or anaerobic selector could be applied. To make a good assessment of the selector, performance mass balances, rates and ratios between several parameters (e.g., COD,  $\text{NO}_3^-$ , P, OUR, NUR,  $\text{P}_{\text{released}}/\text{RBCOD}_{\text{consumed}}$ , F:M, storage polymers) should be performed in the selector, as well as in the control system, in parallel with the sludge settleability evaluation and filamentous bacteria identification and quantification.

### 8.6. *Control and monitoring*

How can selectors be safely and robustly controlled? Most of the selectors currently in place in full-scale systems are merely seen as an additional stage, and hence the operational working conditions are often forgotten. Selector's role for the proper operation of the biological system can be huge; therefore, control parameters for operation of selectors are needed. The use of a reliable, robust and proactive process control, based, for instance, on redox measurements [184], is needed to prevent microaerophilic conditions or the introduction of nitrate and oxygen in the anaerobic and

oxygen in the anoxic stages, respectively. These are examples of essential process control measures, which are needed to develop good control strategies for bulking sludge.

Is an early detection system for filamentous bacteria possible and useful? Predictive methods of bulking sludge have also to be developed and implemented in control strategies of wastewater treatment plants. For instance, the early detection and quantification of filamentous bacteria by molecular tools together with automated analytical techniques like microarray/DNA chips and flow cytometry, could allow routine and precise filamentous bacteria identification and quantification. Population shifts could then serve as indicators for upcoming bulking sludge events. Control strategies could then be developed and implemented in a more proactive way, instead of the commonly used feedback control. However, it should be kept in mind that a full-scale system has usually a limited flexibility and the operational staff is many times reluctant to changes in the process. Besides safe and robust, control measures should be as simple as possible.

### 8.7. *Mathematical modelling*

Can a universal model (e.g., general activated sludge model—ASM type) for bulking sludge be developed? Mathematical modelling is a must in the study of population dynamics of activated sludge systems. In such complex systems where many factors are acting together, mathematical modelling can help in the understanding of the biological processes. For instance, selectors are hardly ever modelled and its design guidelines are still mainly based on empirical observations. More insights into selector systems could be achieved if modelling was applied, leading to a faster control and optimisation of the selector and, therefore, of the wastewater treatment system.

The key for the study of different bulking sludge scenarios is considered to be the interaction between bacterial morphology and bacterial physiology in gradient-governed microenvironments, usually present in activated sludge systems. A floc model is needed where the micro-gradients of nutrients are the key factor in the growth of filamentous bacterial structures. The simulation of preferential uni- or bidirectional growth of filamentous bacteria together with the development of dynamic floc structures could help in the understanding of the different sludge settleability characteristics. More knowledge about other processes like multiple limiting substrates or other microbial interactions could also allow better model predictions. Further challenge will be to integrate all this knowledge in a general activated sludge model type.

## 9. Conclusions

The main conclusions of the review are:

- There are hypothesis to explain the development of filamentous bacteria but no final mechanistic proof exists about their validity.
- Bulking filamentous sludge appears related to the occurrence of steep micro-gradients of nutrient concentration in flocs. Providing these gradients using sufficient high concentration of both electron donor and electron acceptor, and remaining nutrients, (i.e. plug-flow selector systems) seems to avoid the morphological ecological advantage of filamentous bacteria.
- Modelling key processes such as floc morphology, growth conditions, diffusion and substrate kinetics of both electron donor and electron acceptor and substrate storage is a framework needed to predict floc properties and selector behaviour.
- A state-of-the-art activated sludge BNR system, designed to minimise bulking sludge problems, is proposed with the following general characteristics: a pre-treatment step to remove complex substrates (e.g., lipids), plug-flow selector reactors to allow a strong macro-gradient of substrate concentration along the system; well-defined anaerobic, anoxic and aerobic plug-flow stages and exclusion of oxygen from the anoxic stage, and nitrate and oxygen from the anaerobic stage; avoid systems with intermittent aeration and microaerophilic conditions; good aeration to maintain high DO concentration ( $>1.5 \text{ mg O}_2 \text{ L}^{-1}$ ) and low ammonium concentration ( $<1 \text{ mg NL}^{-1}$ ) in the final aerobic stage.
- A set of open research questions related with sludge architecture, bacteria identification and physiology, role of particulate substrates, storage polymers, selectors, control and monitoring and mathematical modelling, is identified.

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